

Learning More About Lisa Fliegel, October 7, 2023, the Aftermath & Other Information



USC Shoah Foundation and Tablet Studios Partnership

<https://sfi.usc.edu/news/2023/12/35821-tablet-studios-and-usc-shoah-foundation-join-forces-launch-multimedia-collection>

In the aftermath of the October 7 Hamas terrorist attacks in southern Israel, the USC Shoah Foundation and Tablet Studios announced a partnership to collect, archive, and make available testimonies of survivors, bereaved family members, and rescuers who risked their lives to save others during the assault. The initiative combines Tablet Studios' reach and audiovisual resources with methodologies and expertise developed by the USC Shoah Foundation, a global leader with 30 years of experience collecting and preserving Holocaust survivor testimony.

A Collection of October 7 Interviews is Now Available at The Testimonies Archive

<http://testimoniesarchive.com/>

A Righteous Protest Calls for Collective Liberation - Rabbi Sharon Brous | Pesah 5 5784 / 4.27.2024 Sermon

https://www.youtube.com/watch?v=Tmy_q1h5bo

The protest movement has unleashed a virulent and dangerous antisemitism that endangers Jews, threatens democracy, and undermines the fight for justice and liberation for Palestinians. We must do better. What we need is a movement fueled by empathy and moral imagination. One that recognizes that both peoples have suffered terribly. That neither is leaving. That a just future is possible for everyone.

Therapy in a War Zone: Navigating Terror and Trauma in Israel, with Lisa Fliegel

<https://podcasts.apple.com/us/podcast/therapy-in-a-war-zone-navigating-terror-and-trauma/id1668168226?i=1000637541644>

Since October 7, many of us have been glued to our screens, scouring every bit of news out of Israel. Today's guest, Trauma Therapist Lisa Fliegel, knew that if she stayed home in Boston, she'd be filled with anxiety. Instead, three hours after news of the Hamas massacre reached her, she booked a plane ticket to Israel. Lisa spent a full month with the survivors of the October 7 attack who have relocated to a hotel in Eilat

Survivors of the Hamas Massacre are Suffering from Trauma — Meet the Therapist Helping Them Work Through It

<https://forward.com/culture/570101/trauma-therapist-israel-october-7-attacks/>

Therapist Lisa Fliegel's experiences with the Boston Marathon bombing and inner-city homicide prepared her for Israel. Three hours after news of the Oct. 7 Hamas attack broke, Lisa Fliegel bought a plane ticket. The Boston-based trauma therapist has spent more than 30 years working with Israelis and Palestinians, as well as survivors of the Boston Marathon bombing and relatives of inner-city homicide victims. So, when friends in the Zionist youth movement Hashomer



Hatzair asked her to come to Eilat to be with evacuees from kibbutzim and small towns in what is referred to as the Gaza Envelope, she didn't think twice.

Here & Now: Trauma Therapist Describes Work with Kids After Kibbutz Killings

<https://www.wbur.org/hereandnow/2023/11/13/trauma-therapy-kibbutz-killings>

When Massachusetts-based trauma therapist Lisa Fliegel heard about the Oct. 7 Hamas attacks in Israel, she had only one thought: "How quickly can I get there?" Fliegel, a consultant to the Louis D. Brown Peace Institute, has trained trauma workers in Israel and Palestinian territories, as well as Northern Ireland. She also spent 30 years living on a kibbutz in Israel where she was, and continues to be, a part of the peace movement. She's now in Israel's Red Sea town of Eilat where more than 60,000 displaced Israelis are sheltering — among them many of the survivors of the kibbutz attacks. She talks to host Robin Young about her work there training counselors and working with traumatized children.



Water, Depression, and Anxiety

<https://solaramentalhealth.com/can-drinking-enough-water-help-my-depression-and-anxiety/>

A Jewish-American Trauma Therapist Went to Israel to Help Both Israelis and Arabs

<https://www.wbgo.org/show/wbgo-journal/2023-11-19/a-jewish-american-trauma-therapist-went-to-israel-and-helped-both-israelis-and-arabs>

Lisa Fliegel is a Boston-based trauma therapist who has spent more than thirty years working with Israelis, Palestinians, survivors of the Boston Marathon bombing and relatives of inner-city homicide victims. The 63-year-old mental health professional been in Israel dealing with the survivors of the October 7 Hamas massacres. As WBGO's Jon Kalish reports, Fliegel has also been trying to protect Palestinians and Arabs who are the focus of Israeli rage.

The Times of Israel – Lisa Fliegel Blog

<https://blogs.timesofisrael.com/author/lisa-fliegel/>

Canadian TV CTV News: Hamas Tried to 'Disorient' Israeli Hostages: Trauma Specialist

<https://www.youtube.com/watch?v=QRnBgWbvJis>

Trauma specialist Lisa Fliegel on what the reintegration process would be like for hostages released by Hamas.

'We can't stop' - the Israeli woman still helping sick Palestinians

<https://www.bbc.com/news/world-67592468>

Yael Noy heads a charity called **Road to Recovery**, a group of Israeli volunteers who drive sick Palestinians - mostly children - from checkpoints in the occupied West Bank and Gaza to hospital appointments in Israel.

Website: <https://bulletprooftherapist.com/>